

**ADVANCED PAIN CENTERS  
HOT FLASHES STUDY  
POST PROCEDURE DIARY**

**PATIENT NAME:** \_\_\_\_\_

WEEK 1 DATES										
SEVERITY OF HOTFLASHES										TOTAL # HOTFLASHES
Mild										
Moderate										
Severe										
Very Severe										
<b>GRAND TOTALS</b>										
<b># AWAKENINGS PER NIGHT</b>										

WEEK 2 DATES										
SEVERITY OF HOTFLASHES										TOTAL # HOTFLASHES
Mild										
Moderate										
Severe										
Very Severe										
<b>GRAND TOTALS</b>										
<b># AWAKENINGS PER NIGHT</b>										

WEEK 3-8										
SEVERITY OF HOTFLASHES	WK3	WK4	WK5	WK6	WK7	WK8				TOTAL # HOTFLASHES
<b>DATE (SAME DAY OF WEEK)</b>										
Mild										
Moderate										
Severe										
Very Severe										
<b>GRAND TOTALS</b>										
<b># AWAKENINGS PER NIGHT</b>										

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SEVERITY OF HOTFLASHES	WK9	WK10	WK11	WK12	WK 13	WK14	WK15	WK16	TOTAL # HOTFLASHES
DATE (SAME DAY OF WEEK)									
Mild									
Moderate									
Severe									
Very Severe									
<b>GRAND TOTALS</b>									
<b># AWAKENINGS PER NIGHT</b>									

SEVERITY OF HOTFLASHES	WK17	WK18	WK19	WK 20	WK 21	WK 22	WK 23	WK 24	TOTAL # HOTFLASHES
DATE (SAME DAY OF WEEK)									
Mild									
Moderate									
Severe									
Very Severe									
<b>GRAND TOTALS</b>									
<b># AWAKENINGS PER NIGHT</b>									

SEVERITY OF HOTFLASHES	WK 25	WK 26	WK 27	WK 28	WK 29	WK 30	WK 31	WK 32	TOTAL # HOTFLASHES
DATE (SAME DAY OF WEEK)									
Mild									
Moderate									
Severe									
Very Severe									
<b>GRAND TOTALS</b>									
<b># AWAKENINGS PER NIGHT</b>									

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SEVERITY OF HOTFLASHES	WK 33	WK 34	WK 35	WK 36	WK 37	WK 38	WK 39	WK 40	TOTAL # HOTFLASHES
DATE (SAME DAY OF WEEK)									
Mild									
Moderate									
Severe									
Very Severe									
GRAND TOTALS									
# AWAKENINGS PER NIGHT									

SEVERITY OF HOTFLASHES	WK 41	WK 42	WK 43	WK 44	WK 45	WK 46	WK 47	WK 48	TOTAL # HOTFLASHES
DATE (SAME DAY OF WEEK)									
Mild									
Moderate									
Severe									
Very Severe									
GRAND TOTALS									
# AWAKENINGS PER NIGHT									

SEVERITY OF HOTFLASHES	WK 49	WK 50	WK 51	WK 52					TOTAL # HOTFLASHES	GRAND TOTAL FOR STUDY
DATE (SAME DAY OF WEEK)										
Mild										
Moderate										
Severe										
Very Severe										
GRAND TOTALS										
# AWAKENINGS PER NIGHT										